

GAME FLOW

86.7. START OF GAME

If a Team does not appear on the ice on time at the start of the game without justification, this incident will be reported to the Proper Authorities. If deemed appropriate, Supplementary Discipline can be applied by the Proper Authorities at their discretion

→ [Rule 28 – Supplementary Discipline](#)

86.8. START OF PERIODS

At the beginning of the second and third periods, and Overtime periods in playoffs (0:00 on the clock), Teams must be on the ice or be observed to be proceeding to the ice. Failure to comply with this regulation will result in a Bench Minor Penalty for “Delay of Game”.

Before the start of the second and third periods (and Overtime) the Teams will proceed directly to their respective Players’ Benches. The visiting Team will immediately place its Skaters at the Face-off Circle, then the Home Team will follow, with the Referee allowing the Home Team to make a line change if so desired prior to the “face-off”. Skating, warm-ups, or on-ice activities by non-starters will result in a Bench Minor Penalty for “Delay of Game” to the offending Team.

No warm-up involving pucks on the ice shall be permitted for a Goalkeeper at the start of any period. If, after one warning, this continues, the Referee shall assess a “Delay of Game” penalty to the offending Team.

To notify the teams that it is time to return to the ice surface at the beginning of each period, the official game Timekeeper will sound a buzzer in the Dressing Room area.

← For more information refer to IIHF Sport Regulations.

86.9. CONCLUSION OF THE GAME

At the conclusion of the game, the losing Team will depart the ice surface first, with the winning Team waiting on the ice until the losing Team has left the ice surface. Once the last player of the losing Team has entered the common hallway, then the Referee will motion the winning team to leave the ice surface.

The Directorate may agree on an adaptation to this regulation taking the positions of the Dressing Rooms of the two competing Teams into consideration.

← For more information refer to IIHF Sport Regulations

RULE 87 TIME-OUTS

87.1. TIME-OUT

Each Team shall be permitted to take one thirty-second (30 s) “time-out” during the course of any game. All Players including Goalkeepers on the ice at the time of the “time-out” will be allowed to go to their respective benches.

This “time-out” must be taken during a normal stoppage of play. Only one “time-out” (“television commercial break” or Team “time-out”), shall be permitted at any one stoppage of play.

For the purpose of this rule, a “television commercial break” is deemed an “official time-out” and not charged to either Team.

Any Player designated by the Coach or the Coach will indicate to the Referee that their Team is exercising its option.

The “time-out” must be requested by the team before the Referee has completed the players change procedure, before the Referee lowers his hand and points to the respecting face-off location.