# TYPES OF PENALTIES

When the Minor Penalties of two Players of the same Team terminate at the same time, the Captain of that Team shall designate to the Referee which of such Players will return to the ice first and the Referee will instruct the Penalty Timekeeper accordingly.

## 16.3. INFRACTIONS

A list of the infractions that can result in a Minor Penalty being assessed can be found in Table 2.

→ For more information refer to Appendix IV – Tables Overview – Table 2.

## **RULE 17 BENCH MINOR PENALTIES**

## 17.1. BENCH MINOR PENALTY

A Bench Minor Penalty involves the removal from the ice of one Player of the Team against which the penalty is assessed for a period of two (2) minutes.

Any Player except a Goalkeeper of the Team may be designated to serve the penalty by the Coach through the playing Captain and such Player shall take their place in the Penalty Box promptly and serve the penalty as if it was a Minor Penalty imposed upon them.

## 17.2. SHORT-HANDED

Explanation "short-handed":

→ Rule 16.2 – Short-handed.

#### 17.3. INFRACTIONS

A list of the infractions that can result in a Bench Minor Penalty being assessed can be found in Table 3.

→ For more information refer to Appendix IV – Tables Overview – Table 3.

## **RULE 18 DOUBLE-MINOR PENALTIES**

#### 18.1. DOUBLE-MINOR PENALTY

For a Double-minor Penalty, any Player, other than a Goalkeeper, shall be ruled off the ice for four (4) minutes during which time no substitute shall be permitted.

#### 18.2. SHORT-HANDED

When a Double-minor Penalty has been signaled by the Referee and the non-offending Team scores during the delay, one (1) of the Minor Penalties shall be washed out and the penalized Player will serve the remaining two (2) minutes of the Double-minor Penalty. The penalty will be announced as a Double-minor Penalty but only two (2) minutes would be shown on the penalty time clock. Explanation "short-handed":

#### → Rule 16.2 – Short-handed.

#### 18.3. INFRACTIONS

A list of the infractions that can result in a Double-minor Penalty being assessed can be found in Table 4.

→ For more information refer to Appendix IV – Tables Overview – Table 4.

## 18.4. ON-ICE VIDEO REVIEW OF DOUBLE-MINOR PENALTIES FOR HIGH-STICKING

Referees shall have the option to review all plays that result in the assessment of a Double-minor Penalty for "High-sticking" for the purpose of, 1. Confirming the call on the ice or 2. Nullifying the call on the ice. Such reviews will be conducted exclusively by the