TYPES OF PENALTIES

If, in the opinion of the Referee, a Player makes contact with the puck first and subsequently trips the opponent in so doing, no "Penalty Shot" will be awarded, but a Minor Penalty for "tripping" shall be assessed.

It should be noted that if the attacking Player manages to get around the Goalkeeper and has no defending Player between them and the "open goal", and they are fouled from behind by the Goalkeeper or another defending Player, no goal can be awarded since the Goalkeeper is still on the ice. A "Penalty Shot" would be awarded.

→ For more information refer to Appendix IV – Tables Overview – Table 1

RULE 25 AWARDED GOALS

25.1. AWARDED GOAL

A goal will be awarded to the attacking Team when the opposing Team has taken their Goalkeeper off the ice and an attacking Player has "possession and control of the puck" (or "would have gained possession and control") in the Neutral or Attacking Zone, without a defending Player between themself and the opposing goal, and they are "prevented from scoring" as a result of an infraction committed by the defending Team.

→ Rule 25.3 – Infractions when Goalkeeper is Off the Ice.

25.2. INFRACTIONS – WHEN GOALKEEPER IS ON THE ICE

A goal will be awarded when an attacking Player with "an imminent scoring opportunity", is "prevented from scoring" as a result of a defending Player displacing the Goal Post, either "deliberately or accidentally" and it must be determined that the puck would have entered the Goal between the normal position of the Goal Posts.

→ Rule 63.7 – Awarded Goal.

25.3. INFRACTIONS – WHEN GOALKEEPER IS OFF THE ICE

A list of the infractions that shall result in an awarded goal when the goalkeeper has been removed for an extra attacker can be found in Table 12.

→ For more information refer to Appendix IV – Tables Overview – Table 12.

25.4. INFRACTIONS – DURING THE COURSE OF A "PENALTY SHOT"

A goal will be awarded when a Goalkeeper attempts to stop a "Penalty Shot" by throwing their stick or any other object at the Player taking the "Penalty Shot" or by dislodging the goal (either deliberately or accidentally) or removes their face mask to force an interruption.

→ Rule 63.7 – Awarded Goal.

RULE 26 DELAYED PENALTIES

26.1. DELAYED PENALTY

If a third (3rd) Player of any Team is penalized while two (2) Players of the same Team are serving penalties, the penalty time of the third (3rd) Player shall not commence until the penalty time of one (1) of the two (2) Players already penalized has elapsed. The third (3rd) penalized Player must proceed at once to the Penalty Box. They may be substituted for on the ice to keep the "on-ice strength" at no less than three (3) Skaters for their Team.