

PHYSICAL FOULS

- (II) A “kicked puck” that “deflects” off the stick of any Player (excluding the Goalkeeper’s stick) shall be ruled a “good goal”.
- (III) A goal will be allowed when an attacking Player “kicks” the puck, and the puck “deflects” off their own stick and then into the net.
- (IV) A goal will be allowed when a puck enters the goal after “deflecting” off an attacking Player’s skate or “deflects” off their skate while they are in the “process of stopping”.

A goal cannot be scored by an attacking Player who “kicks” any equipment (stick, glove, helmet, etc.) at the puck, including “kicking” the blade of their own stick, causing the puck to cross the Goal Line.

49.3. MATCH PENALTY

The Referee shall, at their discretion, assess a Match Penalty if, in their judgement a Player “kicks” or “attempts to kick” an opposing Player. The consequence for this foul is a Match Penalty in any case where “kicking” is ruled, even if there is no contact.

49.4. DISCIPLINARY MEASURES

If deemed appropriate, Supplementary Discipline can be applied by the Proper Authorities at their discretion.

→ [Rule 28 – Supplementary Discipline.](#)

RULE 50 KNEEING

50.1. KNEEING

Kneeing is the act of a Player leading with their knee and in some cases extending their leg outwards to make contact with their opponent.

50.2. MINOR PENALTY

The Referee shall, at their discretion, assess a Minor Penalty, based on the severity of the infraction, to a Player guilty of “kneeing” an opponent.

50.3. MAJOR PENALTY

The Referee, at their discretion, may assess a Major Penalty to a Player guilty of “kneeing” an opponent, and who recklessly endangers the fouled Player in a way that at the discretion of the Referee such Player would not be sufficiently sanctioned by imposing a Minor Penalty. Refer to Rule 50.5 for an additional Game Misconduct Penalty.

50.4. MATCH PENALTY

The Referee, at their discretion, may assess a Match Penalty if, in their judgment, the Player recklessly endangers their opponent by an “kneeing”. Such assessment of reckless endangerment shall be based on the severity of the infraction, severity of the contact, the degree of violence and the general reprehensibility involved.

50.5. GAME MISCONDUCT PENALTY

A Game Misconduct Penalty must be assessed anytime a Major Penalty is imposed for “kneeing”.

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50.6. DISCIPLINARY MEASURES

If deemed appropriate, Supplementary Discipline can be applied by the Proper Authorities at their discretion.

→ [Rule 28 – Supplementary Discipline.](#)

RULE 51 ROUGHING

51.1. ROUGHING

Roughing is a punching or slamming motion with or without the glove on the hand, normally directed at the head or face of an opponent, or if a Player intentionally removes an opponent's helmet during play. Roughing is a minor altercation that is not worthy of a Major Penalty to either participant.

51.2. MINOR PENALTY

The Referee shall, at their discretion, assess a Minor Penalty on a Player who strikes an opponent with their hand or fist, or if a Player intentionally removes an opponent's helmet during play pursuant.

→ [Rule 9.6 – Helmets.](#)

A Player who persists in continuing to be involved in roughing is subject to rules for “fighting”

→ [Rule 46 – Fighting.](#)

51.3. MATCH PENALTY

The Referee, at their discretion, may assess a Match Penalty to a Goalkeeper who uses their blocker glove to punch an opponent and the action is likely to result in injury to the opponent.

51.4. DISCIPLINARY MEASURES

If deemed appropriate, Supplementary Discipline can be applied by the Proper Authorities at their discretion.

→ [Rule 28 – Supplementary Discipline.](#)

RULE 52 SLEW-FOOTING

52.1. SLEW-FOOTING

“Slew-footing” is the act of a Player using their leg or foot to knock or kick an opponent's feet from under them or pushes an opponent's upper body backward with an arm or elbow, and at the same time with a forward motion of their leg, knocks or kicks the opponent's feet from under them, causing them to fall violently to the ice.

52.2. MATCH PENALTY

The Referee shall, at their discretion, assess a Match Penalty if a Player is guilty of “slew-footing” on an opposing Player.

52.3. DISCIPLINARY MEASURES

If deemed appropriate, Supplementary Discipline can be applied by the Proper Authorities at their discretion

→ [Rule 28 – Supplementary Discipline](#)